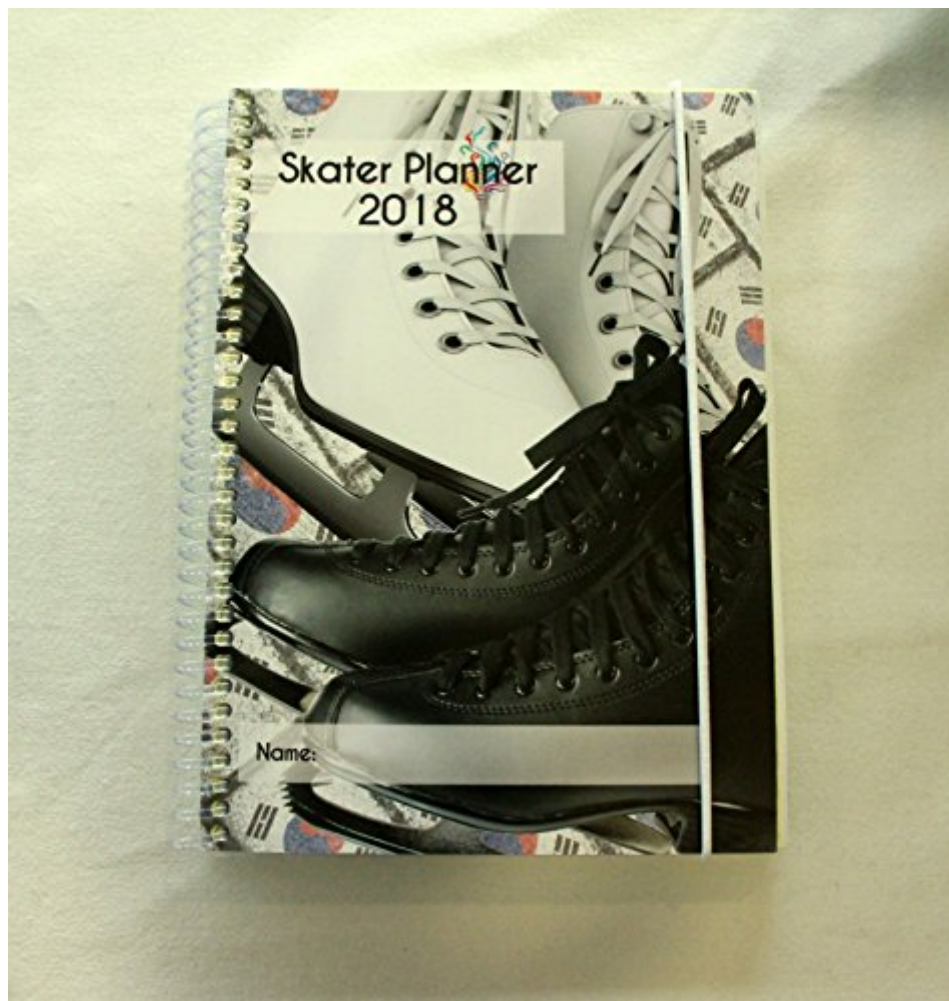


# **2018 SkaterPlanner™ (Option 2 - Multi Flag)**

A fantastic all-in-one resource to get you thinking about a plan for your skating instead of just drifting from day to day and finding you're not progressing as quickly as you'd like. A great place to keep all your skating information together - your goals, competition/test dates and results and store PDFs. Designed by a qualified Mindset Coach and Master Practitioner of NLP, the SkaterPlanner™ contains specially created exercises and logs to enhance progress and encourage the setting and achievement of skating and development goals, consistency, motivation and positivity. It is filled with features and articles of interest - with a winter Olympics theme for this year - and inspiring articles written by former champion skaters on life after competing, as well as pages of fun and facts, space for notes and training records and autograph pages for those skate camps and ice shows with famous skaters. The SkaterPlanner™ also serves as a diary with plenty of space to write in those practice times, lesson changes, off ice schedules, skate camps, competition and test dates, school homework and time out with friends. All this, wrapped up in a fabulous A5, spiral bound essential addition to the competitive skater's kitbag. This Olympic year you can choose between three different cover pictures and hold it all together with an elastic tie.

2018 SkaterPlanner™ (Option 2 - Multi Flag). El libro publicado por Ice Cool Confidence.. Regístrese ahora para tener acceso a miles de libros disponibles para su descarga gratuita. El registro fue libre.



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